

# In silico studies to evaluate dosing intervals associated with low risk of amikacin accumulation in preterm neonates

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## Introduction

- The Swiss national dose recommendation (SwissPedDose) of amikacin in neonates is 15 mg/kg every 24h-48h depending on post-menstrual age (PMA) and post-natal age (PNA), defining six subpopulations (Table 1).
- In the group of **preterm neonates PMA 30-35 weeks/PNA <14 days**, elevated  $C_{trough}$  were clinically observed (subpopulation 3) under an initially proposed 24h-dosing-interval.

Table 1: Amikacin dosage recommendations for neonates (SwissPedDose) and open questions.  SWISSPED DOSE

Subpopulation	Postmenstrual age (PMA)	Postnatal age (PNA)	Amikacin dosage recommendation	Amikacin (IV) Indication: General use (Neonatology) Dosage recommendation
1	<30 weeks	<14 days	15 mg/kg every 48h	
2	<30 weeks	≥14 days	15 mg/kg every 24h	
3	30-35 weeks	<14 days	15 mg/kg every 24h* → or better every 36h or 48h?	
4	30-35 weeks	≥14 days	15 mg/kg every 24h	
5	35-44 weeks	<14 days	15 mg/kg every 24h	
6	35-44 weeks	≥14 days	15-20 mg/kg every 24h	

\*for practical reasons and after literature review during the harmonization process, an initial 24h dosing interval was proposed disregarding PNA.

## Methods

demographic data<sup>1</sup>  
(Figure 1: real-life neonatal population, receiving antibiotics on a neonatal ward)

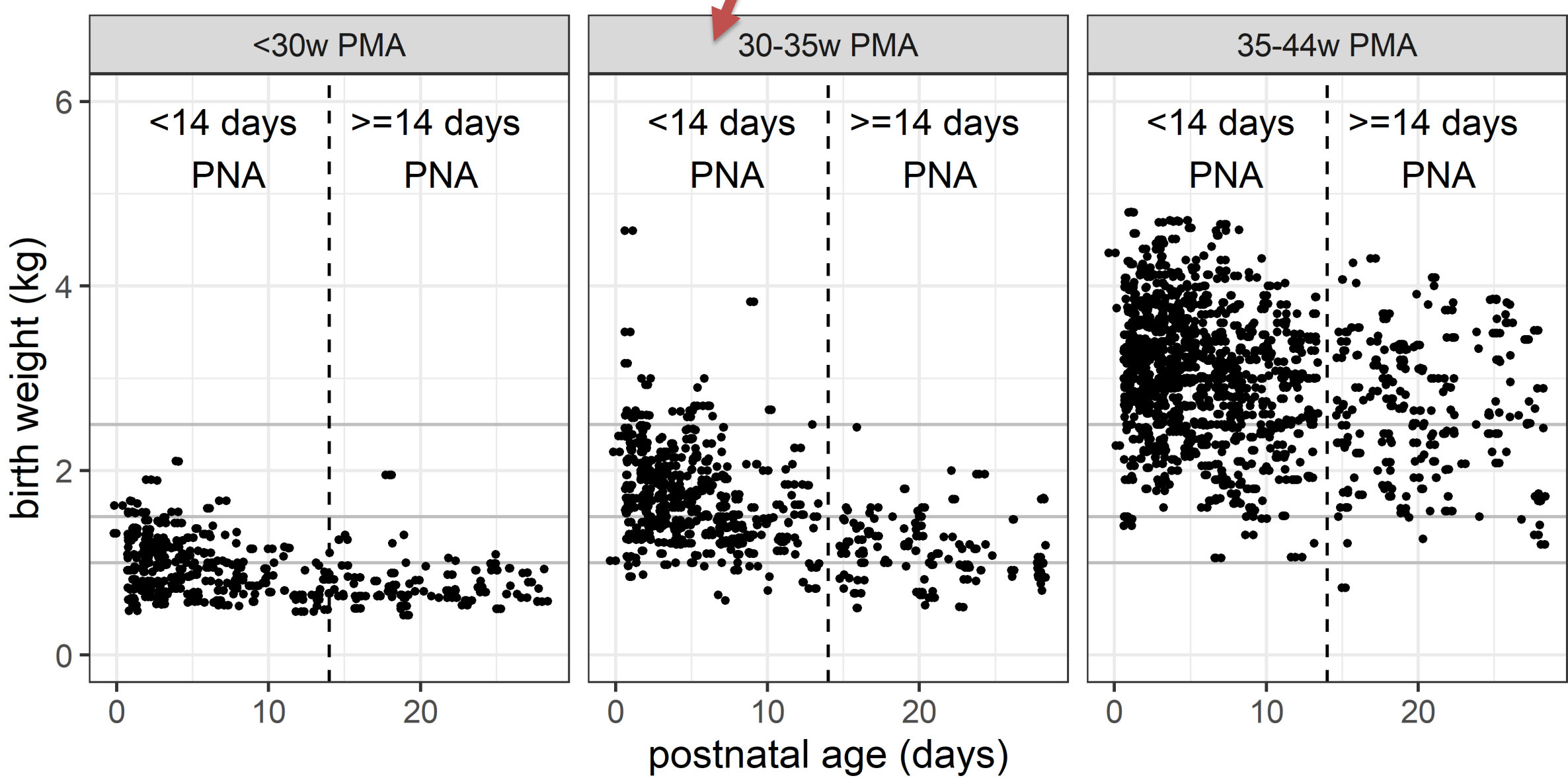
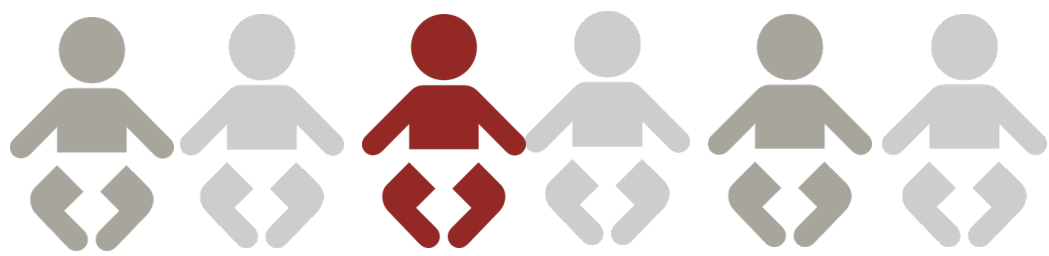


Figure 1: Depiction of real-life population demographic data<sup>1</sup>: birth weight versus postnatal age (PNA) as clearance-relevant covariates, depicted by postmenstrual age (PMA) split into 6 subpopulations according to SwissPedDose recommendations.

+ Amikacin dosing scenarios (Table 1)

+ Published population pharmacokinetic model<sup>1</sup>  
Clearance = function(birth weight and PNA)  
Volume of distribution = f(current weight)

In silico studies  
(Monte Carlo simulations)  
(n=500 individuals sampled with replacement per each of the 6 subpopulations)

Outcome:  
➤  $C_{trough}$  before the 3rd dose  
Endpoint:  
➤ % of patients with  $C_{trough} < 5$  mg/L

SIMULX

## Objective

→ To evaluate the potential of extended intervals (36h-48h) to achieve amikacin target  $C_{trough}$  of  $<5$  mg/L (associated with decreased oto-/nephrotoxicity) in a typical population of preterm neonates PMA 30-35 weeks/PNA <14 days, treated with antibiotics on a neonatal ward<sup>1</sup>.

## Results

### In silico studies I: Results for initial dose recommendations

The proportion of neonates predicted with  $C_{trough} < 5$  mg/L was (Figure 2):

- 61% in preterm neonates PMA 30-35w/PNA<14d (24h-interval)
- 80-100% in the other subpopulations

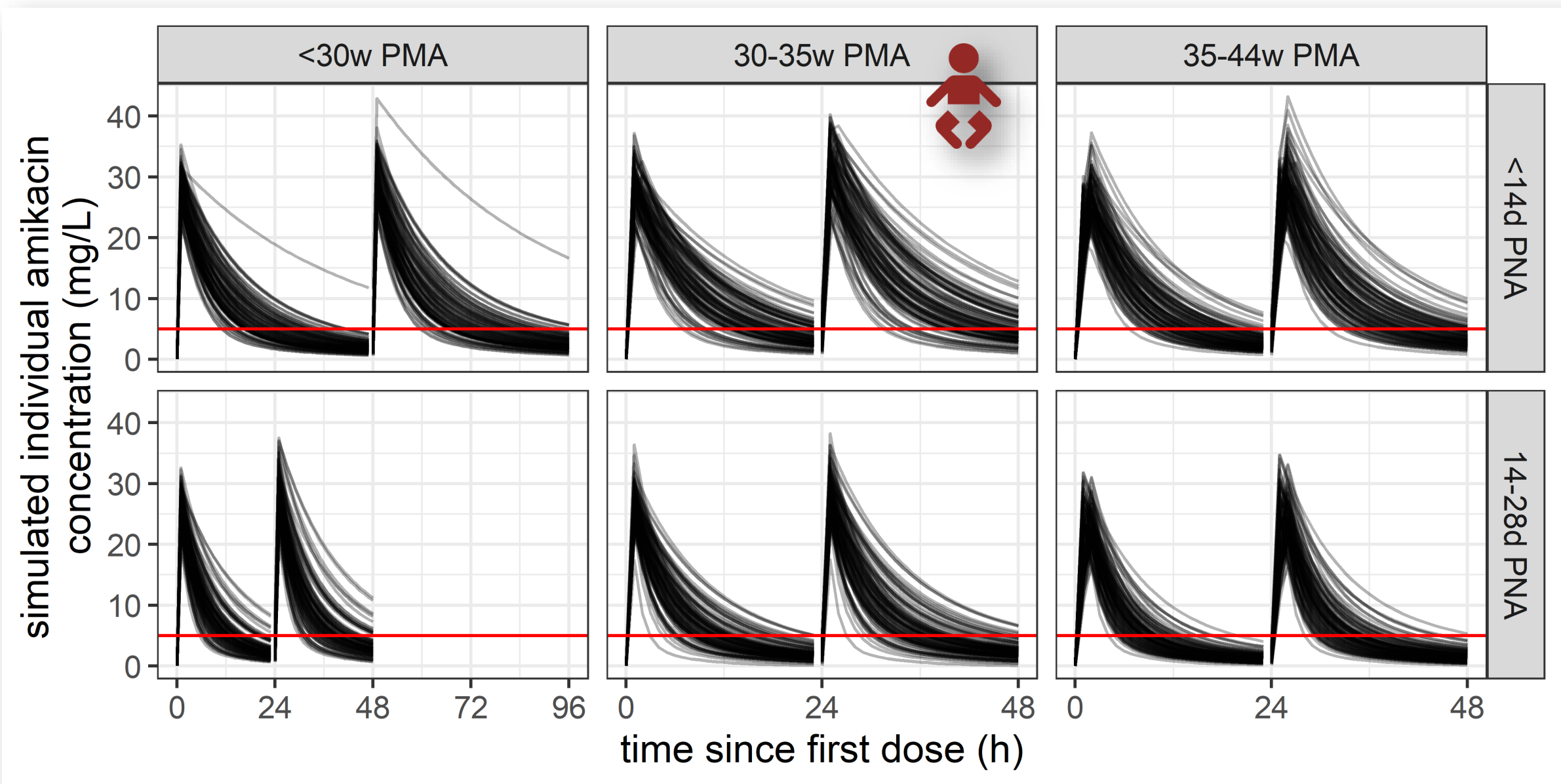


Figure 2: Illustration of simulated individual amikacin concentration-time profiles for each of the 6 subpopulations following two dose administration according to initial SwissPedDose recommendations.  $C_{trough}$  before the 3rd dose was extracted for each patient and the % of neonates with  $C_{trough} < 5$  mg/L (red horizontal line) was calculated.

### In silico studies II: Results for extended interval dosing

In the population of preterm neonates PMA 30-35w/PNA <14d, extended interval dosing increased the proportion of patients with predicted  $C_{trough} < 5$  mg/L to 93%-98% (36-48h interval) (Figure 3)

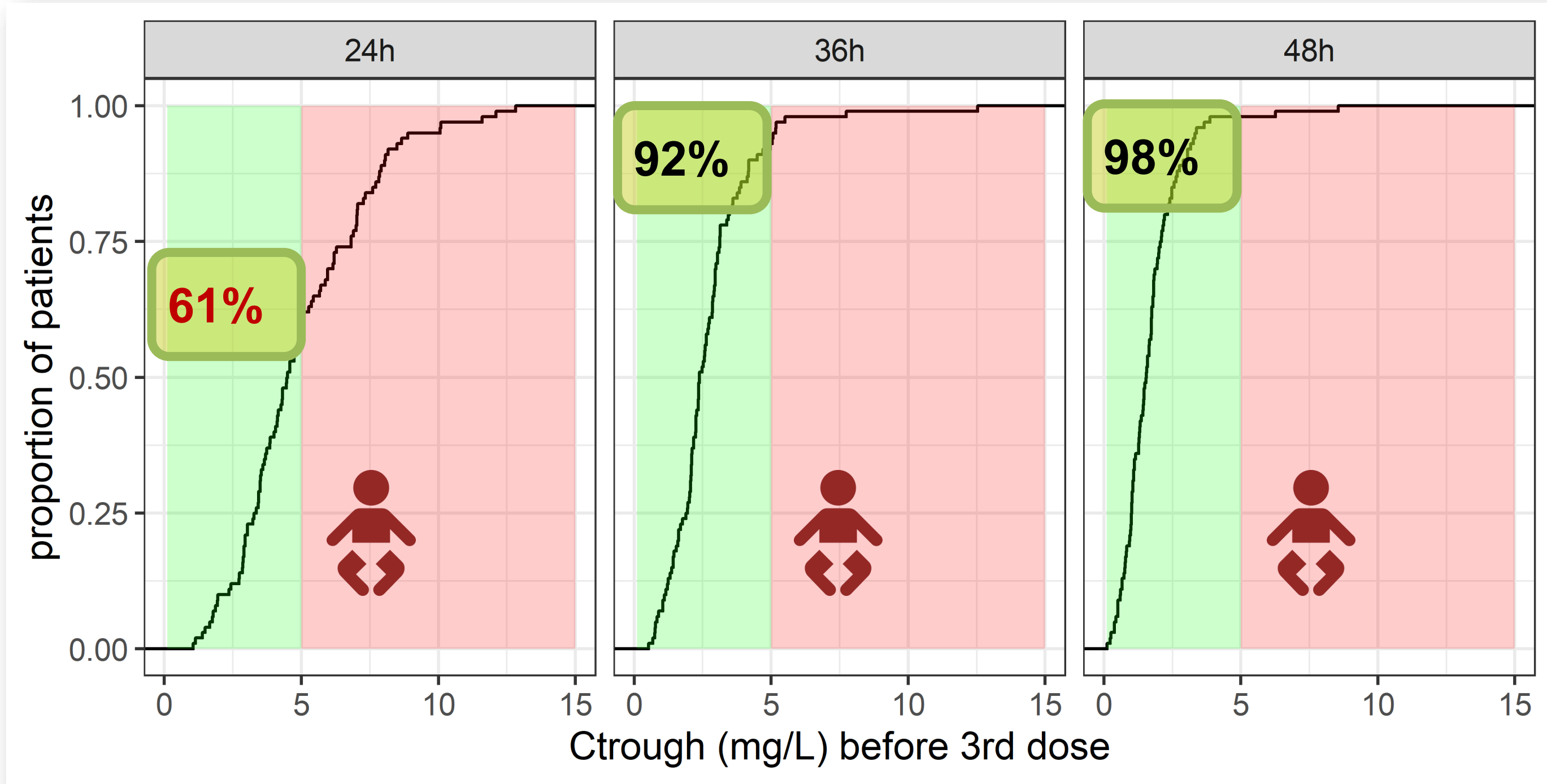


Figure 3: Summary of cumulated simulated main outcomes ( $C_{trough}$  before 3rd dose) and predicted outcome (proportion of patients with  $C_{trough} < 5$  mg/L, green boxes) for subpopulation 3 following extended interval dosing.

## Conclusions

- In silico studies confirmed a pharmacologically expected risk of amikacin accumulation in a typical population of preterm neonates 30-35 weeks/0-14 days receiving antibiotics on a neonatal ward following 24h-interval dosing. Simulations suggest appropriateness of 36h-interval to reach  $C_{trough} < 5$  mg/L in >90% of patients.
- Such pharmacometric approach combined with real-world demographic data may prove useful also in other situations to guide development of neonatal dose recommendations.